

Maisha Wilhite, is a trained dancer in Jazz, Tap, Lyrical, and Salsa with a minor in dance from University of Maryland, College Park.

She has over 20 years of teaching experience for ages 3 to seniors. She has taught in various locations all over Maryland, DC, and Virginia, ranging from studios to corporate settings.

She danced five years professionally with Salsa Fuego and currently teaches various styles of dance and fitness for Dance Solutions.