

Nysia Wilhite-Carter started taking dance classes at the age of 11 at Backstage Dance Studio. At first she only agreed to take one class but after two years of solely taking jazz dance, she became interested in tap dance. This opened the door to other forms of dance which then blossomed into a love for dance. At the age of 16 she begins to apprentice as a way to supplement her growing dance bills. After Wilhite-Carter graduated high school she went on to dance professionally with Aurora African Dance Troupe and to choreograph for various people, artists, and groups including a collaboration with Salsa Fuego based in Washington, D.C. This has since led into teaching full time job.

Some of the contracts she has held has been with Curves, Villa Julie, Care First Blue Cross Blue Shield, Baltimore City Schools, Be A Star Foundation, Black Student Achievement Program, Howard County Recs and Parks, and Ho Co Schools to name a few. Wilhite-Carter opened Dance Solutions as a way to always have a platform to bring her love of dance to the masses and the next generation.